

ConfideAI

Clinical Documentation for Mental Health Practitioners

Turn a few minutes of notes into complete, clinically appropriate documentation – without compromising confidentiality.

Clinical Notes



Generate intake reports, progress notes (SOAP / BIRP / DAP), treatment plans, reviews, and discharge summaries from brief session notes.

Multi-Modality



Select one or multiple modalities and documentation adapts to match – CBT, ACT, DBT, psychodynamic, integrative, and more. Reflects how practitioners actually work across clients and presenting problems.

End-to-End Workflow



From referral to discharge, every document type is covered. Output from each template feeds into the next, saving hours across an episode of care.

Hardware Encryption



Content is processed inside hardware-secured enclaves (Intel TDX) and is not stored on standard servers.

Clinical Sounding Board



Use the confidential chat feature as a clinical sounding board and to create your own custom reports, in addition to the 20+ documentation templates already provided.

Browser-Based



Run in any modern browser. Simple export to PDF, TXT, or JSON alongside your existing EHR or practice system.

Our Confidentiality Assurance

Your clinical content is processed inside hardware-secured enclaves and is not stored on ConfideAI servers. Your data is never used to train AI models. Every interaction is timestamped to support your own audit trail and record-keeping.

Independent Hardware-Level Assurance

ConfideAI runs on Intel TDX and NVIDIA H100 confidential computing hardware. These platforms provide cryptographic proof that your data was processed inside a genuine secure enclave, not on a standard server, offering a stronger privacy guarantee than conventional cloud security certifications.

Currently in closed beta for licensed mental health practitioners

confideai.ai support@confideai.ai

What ConfideAI Does

ConfideAI guides you through the full clinical documentation lifecycle – from first referral through to discharge summary. At each step, it can draw on what you've already provided, so context builds naturally across the episode of care, while maintaining confidentiality of client information. This can turn clinical documentation from a daily time sink into a streamlined, largely automated process for your practice.

You Provide

- Brief session notes, e.g. “low motivation, staying in bed until midday, reviewed BA plan, appears less hopeless”
- Initial referral / intake documentation
- Any assessment or testing reports

ConfideAI Generates

- Structured clinical documents across the full episode of care
- Ready for your review, refinement, and sign-off

Why Psychologists & Therapists Choose ConfideAI

Speed and quality, by turning brief inputs into structured documents. ConfideAI reuses relevant information across the episode of care, reducing the amount of re-entry required as you move from one document to the next. The report types are designed as a chain, covering practice needs from intake to discharge so that later documents can naturally build on earlier ones. All of this sits inside a clean, easy-to-use web interface designed specifically for clinical workflows.



No Content Storage

ConfideAI does not store clinical content on its servers. AI processing is protected by hardware-secured enclaves.



Never Sold, Never Trained On

Your clinical content is never sold or used to train AI models. Processing occurs inside TEE-secured hardware with cryptographic attestation.



Proof of Isolation

Cryptographically verifiable hardware isolation – a fundamental difference from standard cloud AI.

Evidence-Based Templates

20+ templates grounded in peer-reviewed clinical literature and common documentation standards:

Category	Templates
Progress Notes	SOAP · BIRP · DAP
Treatment Planning	Treatment Plan · SMART Goals
Modality-Specific	Session Notes tailored to modality
Session Preparation	Session Prep · Collaborative Goal Updates
Reviews & Audits	Summary of Progress · Clinical Audit Notes
Correspondence	Referrer Feedback · Formal Letters · Discharge Summary
Supervision	Supervision Notes · Reflective Practice Prompts
Ethical & Cultural	Ethical Considerations · Cultural Case Formulation
Psychoeducation	Education Materials · Graded Exposure Hierarchy
Worksheets	Behavioural Activation Sheet · Thought Records

Supported Modalities

ConfideAI tailors language, framework, and clinical terminology to your modality and setting:

CBT	ACT	DBT	EMDR
IFS	Jungian	Person-Centred	Existential
Narrative	Solution-Focused	Mindfulness-Based	Trauma-Focused
Psychodynamic	Integrative	Eclectic	+ more

Select one or multiple modalities – documentation adapts to match how you actually practise, whether you work from a single approach or blend frameworks across clients and presenting problems.

How It Works – An Episode of Care

ConfideAI guides you step by step from referral to discharge. Output from each step can feed into the next, so context accumulates across the full episode of care.

Example Episode Flow

1 Week 1 – Intake

Upload initial referral letter. ConfideAI generates a structured intake report with presenting issues, history, and preliminary formulation.

2 Weeks 2–6 – Sessions

After each session, type or paste brief notes (3–10 minutes). ConfideAI generates SOAP / progress notes, drawing on the full case context.

3 Mid-Episode – Treatment Plan

Request a treatment plan with SMART goals. ConfideAI references all prior sessions and assessments.

4 Review & Correspondence

Generate referrer feedback letters, progress summaries, and audit-ready documentation, all pre-populated from existing data.

5 Discharge

Produce a comprehensive discharge summary consolidating the full episode. Adjust tone, detail level, and clinical emphasis as needed.

Interaction With ConfideAI

Typical Workflow

1. Select document type
2. Select modality or modalities
3. Type or paste notes (3–10 minutes)
4. Review and adjust the draft
5. Add to client file, done

Input Flexibility

- No special format required
- Shorthand, bullet points, or full sentences
- Upload PDF or Word documents
- Paste from existing documents
- Adjust tone, detail, and emphasis in outputs

Privacy & Safety

PHI Protection

Clinical content protected by TEE hardware isolation during processing. Not stored on ConfideAI servers.

Permanent Deletion

You can export or delete your data at any time. Deletion requests are processed through our infrastructure provider.

Clinical Safety

Outputs are grounded in what you provide. Every output is a draft for your professional clinical review. You always retain full clinical judgment.

Frequently Asked Questions

Q: Isn't this like using ChatGPT for clinical notes?

No. General-purpose AI tools like ChatGPT are not designed for clinical use because your data may be used to train models and is stored on standard servers. ConfideAI runs inside hardware-secured confidential enclaves where your data is protected by hardware-level isolation during processing. Unlike ChatGPT, ConfideAI does not store clinical content on its own servers and your data is never used for model training.

Q: Can I trust that my client data is truly private?

Yes. ConfideAI provides cryptographic proof of hardware isolation via Intel TDX and NVIDIA H100 Trusted Execution Environments. This is a fundamental, verifiable difference from conventional cloud platforms and general-purpose AI tools.

Q: What happens if I delete my data or account?

You retain full control. Data can be transferred or exported at any time. When you delete data or close an account, deletion requests are processed through our infrastructure provider to remove your data.

Q: What if the AI makes an error in a clinical document?

ConfideAI is built for fast, accurate clinical documentation. You can directly adjust outputs: change tone (warmer, more formal, neutral), tweak clinical emphasis, and refine details. It is always your responsibility to review all outputs for medico-legal accuracy. ConfideAI is an assistant for drafting, but you retain full clinical authority.

Join the Beta

Free during beta; subscription pricing after launch. Help shape features and priorities via direct feedback.

[Visit confideai.ai](https://confideai.ai)

Google sign-in · No credit card required